

SAFETY HARNESS AWARENESS

Duration: 1/2 Day



COURSE AIM

By the end of the course the delegate will:

- Have a better understanding of suitable Health and Safety Legislation
- Be able to recognise and select the correct PPE in working at heights situations
- Learn how to attach and adjust a lanyard safely
- Be able to examine a MEWP harness and its equipment
- Know how to exhibit their safety awareness skills
- Understand how to inspect the workplace, and the equipment needed, before using a harness

- Be able to weigh up the requirements for preparing and coordinating the workplace
- Be capable of organising and planning for emergency procedure

CERTIFICATION

Delegates successfully completing the course will receive a Frameworks Certificate of Training that lasts for 3 years.

DID YOU KNOW WE ALSO OFFER THE FOLLOWING COURSES?

- Quallsafe Level 3 First Aid at Work (3 Day)
- Quallsafe Level 2 Emergency First Aid at Work (1 Day)

COURSE CONTENT

Some of the units that the training course will cover are:

- Health and Safety Legislation
- Working at heights and PPE
- Lanyard and harness safety
- Arranging and preparing risk assessment
- Fall prevention
- Fall arrest systems

WHO SHOULD ATTEND?

This safety harness training course is specifically designed for anyone who works regularly whilst wearing a harness or lanyard for support as well as those in need of fall arrest in their occupation